

Silverado Hospice Los Angeles

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# Silverado Hospice Newsletter



## A Single Act of Kindness...

The thoughtfulness of Silverado's volunteers is what helps us continue to uphold our caring and compassionate mission. We recently helped provide a patient with a new set of dentures to improve his quality of life. Dentures are removable artificial teeth that replace missing teeth to support the mouth and enable the wearer to establish comfort and maintain appearance after tooth loss.

One of our fabulous Social Workers, Kathryn, worked with the patient who had broken his original dentures a month prior. He had trouble adjusting to a new diet due to being unable to use his dentures and began losing weight. This patient is also of a low socioeconomic background, which limited his resources to replace his broken dentures. One of our fantastic volunteers, Taylor, reached out to her dentist Dr. Kalantari for help for this patient. Dr. Kalantari generously provided the dentures at an inexpensive cost and replaced the dentures.

When the dentures were ready, Juliet surprised him with a skirt steak dinner, which he could now enjoy with his dentures. He was super appreciative and incredibly thankful.

A **HUGE THANK YOU** to Dr. Kalantari for her INCREDIBLE GENEROSITY, Taylor, *Volunteer*, Kathryn, *Social Worker*, and Juliet, *Volunteer Manager*, for helping put a smile back onto our hospice patient. We could not have accomplished this without you.

*"Helping one person might not change the whole world,  
but it could change the world for one person."*

### IN THIS ISSUE

Facts about Delta - 2

Symptoms to watch for - 3

Spotlight On! - 4

### STAY CONNECTED!

(818) 848-4048

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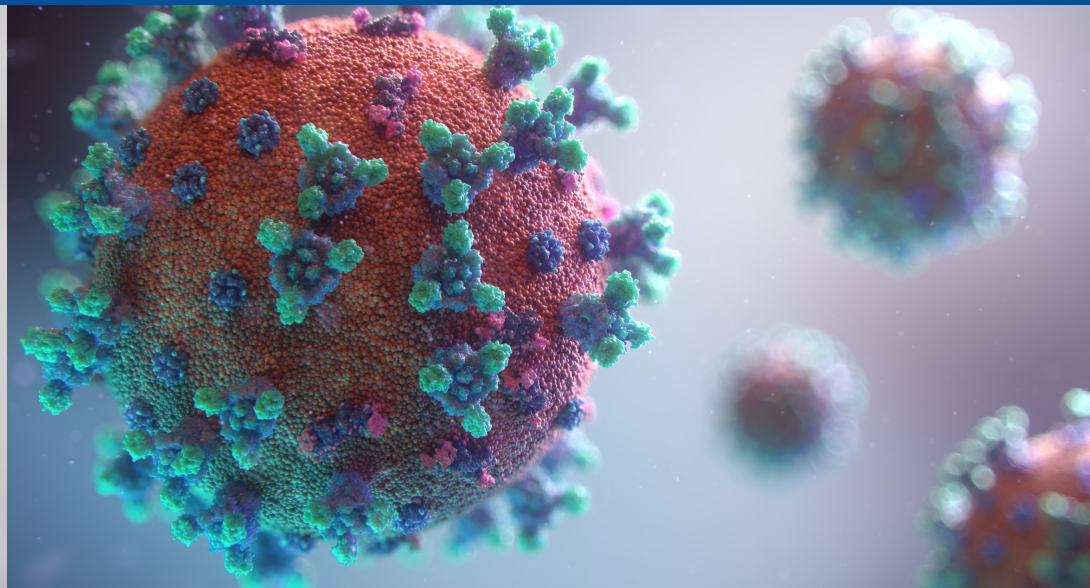


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## Facts about Delta and How to Protect Yourself

Delta is currently the predominant strain of the virus in the United States.

- The Delta variant is highly contagious, nearly twice as contagious as previous variants.
- Some data suggest the Delta variant might cause more severe illness than previous strains in unvaccinated persons.
- Unvaccinated people remain the greatest concern. The greatest risk of transmission is among unvaccinated people who are much more likely to contract, and therefore transmit the virus.
- Fully vaccinated people with Delta variant breakthrough infections can spread the virus to others. However, vaccinated people appear to be infectious for a shorter period: Previous variants typically produced less virus in the body of infected fully vaccinated people (breakthrough infections) than in unvaccinated people. In contrast, the Delta variant seems to produce the same high amount of virus in both unvaccinated and fully vaccinated people. However, like other variants, the amount of virus produced by Delta breakthrough infections in fully vaccinated people also goes down faster than infections in unvaccinated people. This means fully vaccinated people are likely infectious for less time than unvaccinated people.
- The COVID-19 vaccines authorized in the United States are highly effective at preventing severe disease and death, including against the Delta variant. But they are not 100% effective and some fully vaccinated people will become infected (called a breakthrough infection) and experience illness. For such people, the vaccine still provides them strong protection against serious illness and death.



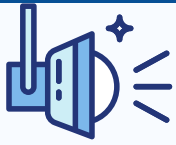


## Symptoms to Watch for:

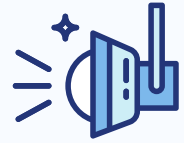
- Stomach pain
- Sore throat
- Headache
- Stuffy nose
- Loss of appetite
- Vomiting
- Nausea
- Joint pain
- Hearing loss

## Ways to Help Protect Against the Delta Variant Include:

- Wearing a mask over your nose and mouth while you're spending time around people from other households, especially when you're in poorly ventilated indoor spaces or crowded areas.
- Staying 6 feet away from people who aren't part of your household.
- Washing your hands frequently (or using hand sanitizer when soap and water aren't available)
- Steering clear of crowded indoor spaces, including poorly ventilated ones.
- Paying attention to local COVID-19 infection rates, including Delta variant rates, and avoiding unnecessary social contact with others when infection rates surge.



## Spotlight On!



### Meet Joshua!



A resident at Sunrise really wanted him to watch her baby, and after he tried to kindly give the baby back, he eventually said okay and promised to take good care of her baby. She made sure to watch him leave with her baby as he lovingly carried it away.

Joshua **was selected by his peers through voting. His peers said things like** "Voting for Josh for all the support he gives to our patients especially for the spouse of one of our patients. Josh went beyond and more for patients husband, a constant presence, providing emotional and spiritual support not only to patients husband but to his children as well. They were grateful for our service but most especially gave commendation to Josh. Other facilities like Kensington and Canterbury are giving praises for his companionship and positive rapport to our patients and to their family members.

### Let us know how we're doing!

*Leave us a review, click the icons to get started!*

**Like us on Facebook!**



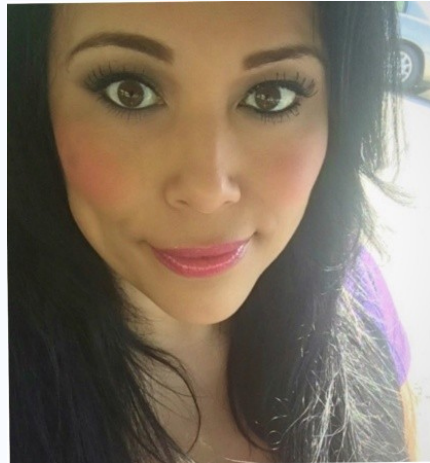
**Review us on YELP!**



**Silverado Hospice  
Los Angeles**

*Your feedback is important to us. If you have a concern, please contact our Administrator, Richard Jenik, directly at (888) 328-6622*

### Meet Yvonne!



She completed our ongoing sales training. She is very informative and thorough during our weekly sales training calls. She wants the sales team to be able to overcome any objections and be fully prepared while presenting the hospice benefit to our families. She's setting the bar with on going education. She always handles everything beautifully... she jumps right in. Never a hesitation and she always is a hit with families. She's encouraging and empowering! I can't stress what an important role she plays to our team.

### Meet Haydee!



Always willing to learn and is always open to constructive criticism and is not taking criticism personally but acts as a professional nurse who wants to grow and to be there for her patients. She is funny she is always telling me "when I grow up I want to be like you" Excellent trainer for new employees.