NEWSLETTER

February 2023 | Vol. 4 Issue 2



Clinical Liaison Laura Wilcox, LVN



Team Physician Ronald Daoud, MD

HOSPICE MEDICAL DIRECTOR

- · Co-certifies the terminal prognosis with the attending physician
- · Leads the interdisciplinary team in the development of a plan of care
- Provides consultation to other physicians regarding hospice care

ATTENDING PHYSICIAN

- Certifies the terminal prognosis
- · Assesses patient needs, manages symptoms, prescribes non-curative
- Directs and approves the plan of care
- · Coordinates care with the interdisciplinary team



Social Worker Laura Cohen, MSW

RN, LVN, LPN

- Assess patient and family needs
- Develop plan of care to meet needs · Coordinate care with attending physician
- Coordinate team visits and ensure implementation of approved plan of care
- Ensure symptom control and pain
- Provide patient/family teaching as needed
- The LVN/LPN in partnership with the RN does the following: provide direct nursing care to patient and family

IMMEDIATE FAMILL

SILVERADOCANILL **PATIENTS** OR **FAMILIES**

CNA/CHHA (hospice aides)

- Provide direct personal care to patient
- Provide comfort measures
- Report identified needs to RN Case Manager
- to patient and family

SPIRITUAL COUNSELOR

- · Assess patient and family spiritual needs
- Develop a plan of care to meet identified needs

SOCIAL WORKER

· Assess patient and family

community agencies

• Develop a plan of care to meet identified needs

• Provide supportive emotional

counseling to patient and family

Assist in completion of advanced

directives, mortuary arrangements,

funeral planning and facility placement

Provide direct counseling or refer

patients and families to appropriate

emotional, social and financial needs

- Provide spiritual counseling
- Assist with memorial preparations
- Provide referrals to clergy of all faiths



Spiritual Counselor Gerardo Camarena

- Provide emotional support **VOLUNTEERS**
 - to patient and family • Provide needed non-medical services, letter writing, errands and respite time for family

• Provide companionship support

• Provide support at time of death and during bereavement



Case Manager Irina Roth, RN



Certified Home Health Aide Maria Mendoza



Volunteer Josh Cunningham



Wise Health Care Consumer Month

By Kristina Nguyen RN, BSN, CHPN | Director of Patient Care Services

Health insurance in all can be confusing and navigating how to properly use it and avoid high health costs can be time consuming and stressful. One health observation in February is noted as "Wise Health Care Consumer" month. This was created by the American Journal of Preventative Medicine, which is a health publication that writes about the latest in the field of medical practice and also seeks to educate Americans about better health decisions with up-to-date information.

Health care decisions can range from preventative medicine which would involve taking yourself for regular check-ups to a physician's office or deciding how your loved one will be cared for once a disease process starts to advance. Researching long term caregiving, hospice care, and learning what Medicare or Medi-Cal can help cover related to care, allows the individual to be educated and versed on the type of end-of-life care, knowing there are different options between companies, and the family learning they have many choices and options.

Visiting a physician regularly can reduce health care costs

by avoiding emergency room visits, provides early diagnosis to preventative diseases, and teaches Americans how to take better care of themselves before it's too late. Too many Americans will ignore symptoms or illness to avoid going to the doctor or forget what to tell the doctor during the appointment. It's wise to prepare a list of questions, concerns, and medications before going to a check-up so you are informing your physician of everything to be able to consider proper treatment.

Make 2023 the year you start to prioritize your health and focusing on preventative medicine.

Source: National Today



AMD/ Low vision Awareness Month

American Heart Month

Wise Healthcare Consumer Month

Patient Recognition Week | Feb 1-7

Pride in Food Service Week | Feb 6-10

Peri-Anesthesia Nurse Week | Feb 6-12

Phlebotomist Recognition Week | Feb 13-17

Duchenne Muscular Dystrophy Awareness Week | Feb 13-19

Cardiovascular Professionals Week | Feb 14-20

National Eating Disorder Awareness Week | Feb 23-Mar 1

Wear Red Day | Feb 3

National Women Physician Day | Feb 3

National Caregivers Day | Feb 17

Silverado Serves Homelessness

By Hannah Mira, MSW Candidate

When someone thinks of Southern California, images of pristine beaches, coastal living, and warm weather are often the first things to come to mind. However, an image that also might be seen is, an unwell, seemingly unhoused person. As of 2022, there were over 3,000 unhoused people in Orange County. The pandemic made it especially hard resulting with more unhoused people dying, between 2020 and 2021, than any other year in Orange County. Although there are many factors which contributed to the losses, one of the largest issues was medical inaccessibility.

Individuals "experiencing homelessness have a high burden of chronic and disabling illness. Once sick, they are less likely to receive appropriate care and have higher rates of mortality at an earlier age. For many of these individuals, their deaths occur in the hospitals or in the streets, and they have little opportunity to die peacefully and painlessly in a place of their choosing". For these homeless individuals, obtaining medical help can be a daunting and a difficult task. Many unhoused individuals do not have health insurance making it a challenge to obtain medication. Also, they often don't have family support or reliable transportation. This results in visits to the emergency department as a source of medical aid.

Silverado Hospice practice is to give support, dignity, and compassion to those with a chronic illness or in need of end-of-life care. The hospice team serves the homeless population by collaborating with hospitals and community resources to find placement. If appropriate, hospice care is initiated and pain and symptom control, as well as psychosocial and spiritual support are provided. Silverado Hospice is committed to promoting life, at end-of-life for all.

Reference: https://dhs.lacounty.gov/housing-for-health/programs



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Sharing their craft

Students at Junipero Serra Catholic School gather to serve their community in a variety of ways. This time they came together to illustrate and personalize holiday cards for our patients on service with Silverado Hospice. Our greeting card volunteers make a variety of themed cards through the year, such as Christmas, Valentines, Veteran's Day and Birthday cards!

The Silverado culture is a family and pet friendly one. It is such an important way for us to work, as we know it is beneficial for multi-generational community surrounding our patients and residents at Silverado. Having younger aged volunteers involved to serve and honor our elderly, Veterans and their families is a tremendous experience for both the children and patients. A great **BIG THANK YOU** to our volunteers who serve in a little way, that makes a huge difference.

If you are interested in volunteering with Silverado Hospice please contact Volunteer Manager, Valerie Lomeli, at (888) 328-5660.





CONTACT US

Referral line: (800) 507-9726 **Volunteer inquiries:** (888) 328-5660

Visit us online with our 24/7 Live Chat Line: silveradohospice.com



If you would like to leave one of your favorite team members a praise, you may do so on our Yelp page. Search **Silverado Hospice Orange County**