



Clinical Liaison
Celina Avina, LVN



Team Physician
Ausim Khan, MD



Social Worker
Frank Schiro, MSW

HOSPICE MEDICAL DIRECTOR

- Co-certifies the terminal prognosis with the attending physician
- Leads the interdisciplinary team in the development of a plan of care
- Provides consultation to other physicians regarding hospice care

ATTENDING PHYSICIAN

- Certifies the terminal prognosis
- Assesses patient needs, manages symptoms, prescribes non-curative treatments
- Directs and approves the plan of care
- Coordinates care with the interdisciplinary team

RN, LVN, LPN

- Assess patient and family needs
- Develop plan of care to meet needs
- Coordinate care with attending physician
- Coordinate team visits and ensure implementation of approved plan of care
- Ensure symptom control and pain management
- Provide patient/family teaching as needed
- The LVN/LPN in partnership with the RN does the following: provide direct nursing care to patient and family

SOCIAL WORKER

- Assess patient and family emotional, social and financial needs
- Develop a plan of care to meet identified needs
- Provide direct counseling or refer patients and families to appropriate community agencies
- Provide supportive emotional counseling to patient and family
- Assist in completion of advanced directives, mortuary arrangements, funeral planning and facility placement

IMMEDIATE FAMILY

PATIENTS
OR
FAMILIES

SILVERADO FAMILY

FRIENDS

CNA/CHHA (hospice aides)

- Provide direct personal care to patient
- Provide comfort measures
- Report identified needs to RN Case Manager
- Provide emotional support to patient and family

SPIRITUAL COUNSELOR

- Assess patient and family spiritual needs
- Develop a plan of care to meet identified needs
- Provide spiritual counseling
- Assist with memorial preparations
- Provide referrals to clergy of all faiths

VOLUNTEERS

- Provide companionship support to patient and family
- Provide needed non-medical services, letter writing, errands and respite time for family
- Provide support at time of death and during bereavement



Case Manager
Martie Hatcher, RN



Spiritual Counselor
David Myung



Certified Home Health Aide
Valerie Cerda



Volunteer
Rebecca Lauffenburger

Men's Health Week

by Natalie Davin, RN, BSN | Patient Care Manager

Men's health week falls in June and the purpose is to heighten awareness of preventable health problems and encourage early detection. None of us enjoy going to the doctor and research indicates that men are less likely to go to the doctor than women. Men are more likely to skip health screenings and ignore recommendations from their health care provider. Most often it's due to feeling that seeking help is not 'masculine'.

Top 6 health threats to men are known and often preventable/treatable!

Cardiovascular Disease

Also known as atherosclerosis, is a hardening of the arteries. The following steps can help prevent developing cardiovascular disease; getting cholesterol checked from age 25, keeping control of blood pressure and not smoking. As with most diseases, healthy eating and living can play a role and regular exercise of 30 mins. of more, 5-7 days of the week is advisable.

Erectile Dysfunction

ED is usually caused by atherosclerosis as the blood vessels throughout the body are narrowed. It can cause depression and reduced life enjoyment but there are many treatments available. If you suffer from this do not suffer in silence and visit your doctor for options.

Lung Cancer

A leading health threat to men, lung cancer is often terminal before diagnosis. The best way to avoid lung cancer...don't smoke! Tobacco causes 90% of all lung cancers. Quitting smoking at any age can help reduce risk and there are new tools that doctors can help with to stop smoking.

Diabetes

Diabetes continues to be a silent disease that starts with no symptoms. Men should be aware that frequent urination and thirst can be the first signs for which they should visit their doctor. Exercise and healthy eating can prevent type 2 diabetes and again physical activity can help toward reducing the risk for diabetes.

Prostate Cancer

A male only disease, prostate cancer can become problematic in older years. It is the second most common cancer in men and 1 in 6 will be diagnosed in their lifetime. All men should talk with their doctor about their risks and possible need for screening.

Mental Health

Men are also at risk for depression and suicide and recently society is realizing that more men are affected than previously thought. This is likely due to men hiding their feelings more than women and not seeking help. The results can be tragic, but most men respond well to depression treatment if they reach out to their doctor or someone who they trust.

If you are a man with worries about any of the 6 top health threats, visit your doctor for further information. Knowledge is power and seeking help could save your life!

The Value of a Memory Catcher

by Brandon Hampton, MSW Candidate

I have had the honor of talking to many of people, with life limiting illness, with a story to tell; long and short, funny, and gut wrenching. Each one as big and boisterous or small and soft, as the person telling it. These stories are vitally important as they pass down history and heritage, heartache and hope! They can be blueprints of the past while serving as points of reference for the future. Life review for a hospice patient is a unique opportunity. You see, it is very easy to grab a book, read the last chapter or two and believe that you know the story. At the very least one might say they have the gist of it. We might even say, "Give me the cliff notes version".

As a social work intern, I know the patient is the expert of their own story. Engaging in life review captures a patient's story in real time. It allows the patient to not simply be seen for the final few chapters of their lives but rather, they get to start from the very beginning if they chose. They can tell their stories the way they were meant to be seen and heard. Every inflection, change of tone and pause with bated breath, landing precisely where the patient wants it. These patients have been imbued with the creative latitude to speak with a level of authority because the review is theirs. It is their lives, it is their stories and most importantly, it is their truths to tell. The truth about who they were, who they are, and for who they want to be remembered as. Life review is so important because even in the terminal stage of life, it serves to empower the patient. It gives the patient a voice that is louder than their terminal illness. Life review does not allow one to be judged on the last few chapters of their life. Instead, it is the substance of our patients and the essence of who they are.



Silverado Memory Catchers is part of a unique program facilitated by the Hospice team to engage and share in a patient's lifetime of memories and experiences, in their own words. Silverado Hospice volunteers build rapport with a patient, then create a recording of the patient's life story. This recorded memory is then provided to the family and friends, as a timeless record and celebration of their loved one's special and wonderful life.

For more information on Silverado's Memory Catchers program, please call (949) 240-7744 and ask to speak to the Volunteer Manager, Valerie Lomeli.

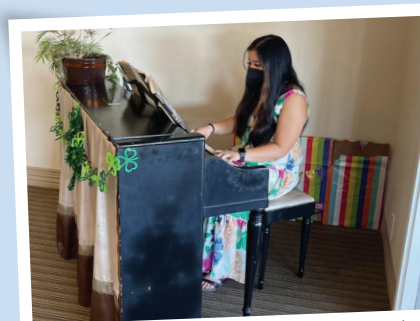
Volunteers are...

Silverado Hospice offers support in many capacities, one being through the Volunteer program. We realize there is an ongoing need for companionship, caregiver relief and emotional support. Volunteers act as an additional support along side the care team assigned (Physician, Nurse, CHHA, Social Worker and Spiritual Counselor). This support is made available to our patients and their families. Simplistic, yet important ways a volunteer may serve include:

- **Friendly well check visit**
- **Playing a musical instrument**
- **Reading poetry/scriptures**
- **Interacting in activities and games**
- **Petals for Patients (delivering flowers)**
- **Memory Catchers (life review video)**
- **Memory Bears**

Volunteers typically visit with their patient/family anywhere from 1 to 2 hours on a weekly basis, *services are based on availability.*

To learn more about volunteer services, or how to become a volunteer, contact: Valerie Lomeli, Volunteer Manager at (888) 328-5660



Playing musical instrument



Memory Bears



Petals for Patients



Interacting in activities

CONTACT US

24-hour line: (888) 328-5660

Fax: (949) 653-0452

Referral line: (800) 507-9726

Volunteer inquiries: (888) 328-5660

Visit us online with our 24/7 Live Chat Line: [silveradohospice.com](https://www.silveradohospice.com)



If you would like to leave one of your favorite team members a praise, you may do so on our Yelp page. Search **Silverado Hospice Orange County**