

Happy Independence Day



Clinical Liaison
Janay Huggett, LVN



Team Physician
An Nguyen, MD



Social Worker
Frank Schiro, MSW

HOSPICE MEDICAL DIRECTOR

- Co-certifies the terminal prognosis with the attending physician
- Leads the interdisciplinary team in the development of a plan of care
- Provides consultation to other physicians regarding hospice care

ATTENDING PHYSICIAN

- Certifies the terminal prognosis
- Assesses patient needs, manages symptoms, prescribes non-curative treatments
- Directs and approves the plan of care
- Coordinates care with the interdisciplinary team

RN, LVN, LPN

- Assess patient and family needs
- Develop plan of care to meet needs
- Coordinate care with attending physician
- Coordinate team visits and ensure implementation of approved plan of care
- Ensure symptom control and pain management
- Provide patient/family teaching as needed
- The LVN/LPN in partnership with the RN does the following: provide direct nursing care to patient and family

SOCIAL WORKER

- Assess patient and family emotional, social and financial needs
- Develop a plan of care to meet identified needs
- Provide direct counseling or refer patients and families to appropriate community agencies
- Provide supportive emotional counseling to patient and family
- Assist in completion of advanced directives, mortuary arrangements, funeral planning and facility placement

IMMEDIATE FAMILY

PATIENTS OR FAMILIES

SILVERADO FAMILY

FRIENDS

CNA/CHHA (hospice aides)

- Provide direct personal care to patient
- Provide comfort measures
- Report identified needs to RN Case Manager
- Provide emotional support to patient and family

SPIRITUAL COUNSELOR

- Assess patient and family spiritual needs
- Develop a plan of care to meet identified needs
- Provide spiritual counseling
- Assist with memorial preparations
- Provide referrals to clergy of all faiths

VOLUNTEERS

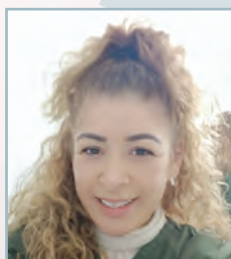
- Provide companionship support to patient and family
- Provide needed non-medical services, letter writing, errands and respite time for family
- Provide support at time of death and during bereavement



Case Manager
Mark Cocson, RN



Spiritual Counselor
Kungsu Park



Certified Home Health Aide
Edma Casteneda

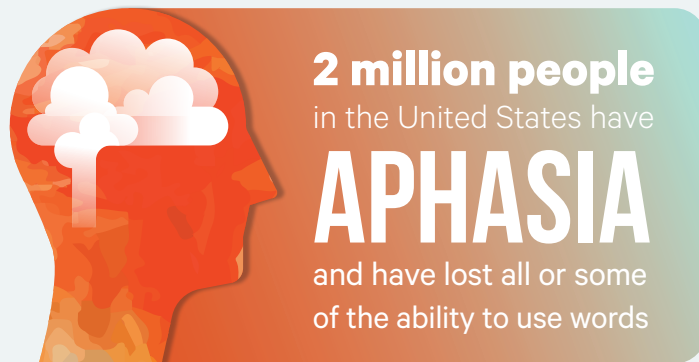


Volunteer
Jacqueline Rios

Aphasia

by Kristina Nguyen, RN, BSN, CHPN | Director of Patient Care Services

Aphasia is a common occurrence seen in hospice patients. Most people would not know or be aware that their loved ones are experiencing this condition as the term is not commonly heard. Aphasia is when a person is unable to communicate their needs. The person may know exactly what they want to say, but they cannot because there is a part of their brain that is not able to make the words. This is not reflective of the person's intelligence as they may know how to perform everyday tasks and skills.



2 million people
in the United States have
APHASIA
and have lost all or some
of the ability to use words

This condition can be seen in those who have a history of dementia or have had a stroke. It can cause stress for the patient or person with aphasia and can grow into agitation and frustration when they have lost the ability to articulate their needs and wants.

Establishing a routine and providing the patient or family members new means of communication can reduce stress and be extremely helpful to the patient and family in coping and adjusting to this hindering condition.

Source: Aphasia.org

Self-care ideas for those with aphasia can be the following:



Drawing or other art activities to express feelings & thoughts



Listening to music



Walking



Meditation



Reading

Awareness Dates to Remember

Cord Blood Awareness Month

UV Safety Awareness Month

National Therapeutic Recreation Week

World Plastic Surgery Day | July 15

National Intern Day | July 27

System Administrator Appreciation Day | July 28

World Hepatitis Day | July 28

Healthcare Administrative Students Experience

by Katherine Hoang, Healthcare Administrative Candidate and Intern



For someone who had limited to no experience in healthcare and the corporate world, my first day at Silverado Hospice was filled with anxiety. Will the employees treat me differently because I am an intern? Will my skills meet the organization's expectations? Will

I be able to show my character and skills through my work? Because of these thoughts, I felt an enormous amount of pressure and uncertainty. However, it soon dwindled when I was met with smiles on faces and welcoming arms. Silverado Hospice was not afraid to present opportunities for me to grow and learn. I was able to meet with everyone in each department and learn what the process is like, and what is expected of them on a daily to weekly to monthly basis.

Any questions or concerns I had in regard to the departments and/or my assignments, were easily met with guidance. This is the kind of environment that Silverado Hospice sets: respect, integrity, compassion, innovation, and teamwork.

Interning at Silverado Hospice was a full-circle moment for myself. My mom was diagnosed with Lung Cancer in 2015 and was meeting her last stages of life in 2018. I remember receiving phone calls and letters from Hospice, inquiring how my family and I were doing and educating us about the services that were available to us. At the time, I was not aware of what Hospice was and did not take the time to fully understand their efforts. However, after becoming a part of the team and meeting with my patient weekly, I was able to see how important and beneficial Hospice is. I was able to learn so much from getting to know my patient and learning about his story. As human beings, we desire socialization. We desire to be supported and loved. We desire for company. Most often, individuals who are in Hospice, are not able to have what most of

us have. My patient was someone who had relatives from afar, so he would rarely get visits. When I was able to meet with him, he would express his excitement and appreciation. Sometimes the world can feel lonely even when we are surrounded by people. To feel like I made a difference in someone's life and that they appreciated me being there for them, is something that one must experience, not hear or read.

Being a healthcare administration intern, I was assigned a patient to visit weekly and document my visits. I was invited to participate in care plan meeting with a patient which broadened my knowledge on the interdisciplinary team including physician, nurse, social work and spiritual counselor and what is required of each discipline. I was able to meet with each department and interview the director or managers individually which allowed me to expand my knowledge on the behind the scenes of healthcare. I was given the opportunity to create a presentation, and presented my own culture's view on death and dying which was something I was anxious about. At the end, it was a very positive experience, and the team gave me wonderful feedback.

Throughout my internship I was assigned projects which helped strengthen my skills in organizing excel sheets and creating pie charts and tables. HR helped me to understand the onboarding process. My Volunteer Manager Valerie helped me to learned about the Essential Oils Program, Memory Catcher, and understanding the patient's certification process. There were so many opportunities for me to learn at Silverado which is something that I am grateful for. My experience at Silverado Hospice is something that I will take into my future career.

Internships for Health Care Administrative and MSW degrees are available year round. Contact Valerie Lomeli, Regional Volunteer Manager for more information. Call (888) 328-5660

Essential Oil of the Month

Orange Oil

Energetic. Positivity. Happiness. Spiritual. Youthfulness. Warmth. Six feelings in a six letter word: Orange. Silverado Hospice developed the Essential Oils Program as a way to safely and naturally help patients feel at ease and comforted. Extracted from leaves, flowers, and stem of plants, Essential oils have been around for centuries. Not only does it offer many benefits, it offers a variety of utilization: through inhaling, diffusers and humidifiers, or direct application.

There have also been multiple studies conducted that showed the positive effects of orange scented essential oils. In 2017, people with bone fractures were instructed to inhale orange essential oil to see if it could help them with their pain (Seladi-Schulman, 2019). Those that inhaled the essential oil reported less pain. In 2016, student athletes reported decrease in running times and increase in lung function after inhaling orange scented essential oils as well (Seladi-Schulman, 2019). Lastly, in 2012, scientists found that Limonene, a component of orange essential oil, “inhibited the growth and promoted the death of colon cancer cells in culture” (Seladi-Schulman, 2019). With proven benefits, Silverado is happy to offer essential oils to patients through aromatherapy via lotion, room spray or oil for your personal diffuser. For more information contact Valerie Lomeli, Regional Volunteer Manager at (888) 328-5660.



Benefits:

- Increase mood (decrease anxiety and/or depression)
- Reduce stress
- Reduce pain or inflammation
- Relieve stomach upset

CONTACT US

24-hour line: (888) 328-5660

Fax: (949) 653-0452

Referral line: (800) 507-9726

Volunteer inquiries: (888) 328-5660

Visit us online with our 24/7 Live Chat Line: [silveradohospice.com](https://www.silveradohospice.com)



If you would like to leave one of your favorite team members a praise, you may do so on our Yelp page. Search **Silverado Hospice Orange County**