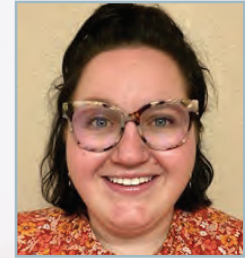


Clinical Liaison
Brienne McAndrews, LVN



Team Physician
Yousef Ireifej, MD



Social Worker
Emily Head, MSW

HOSPICE MEDICAL DIRECTOR

- Co-certifies the terminal prognosis with the attending physician
- Leads the interdisciplinary team in the development of a plan of care
- Provides consultation to other physicians regarding hospice care

ATTENDING PHYSICIAN

- Certifies the terminal prognosis
- Assesses patient needs, manages symptoms, prescribes non-curative treatments
- Directs and approves the plan of care
- Coordinates care with the interdisciplinary team

RN, LVN, LPN

- Assess patient and family needs
- Develop plan of care to meet needs
- Coordinate care with attending physician
- Coordinate team visits and ensure implementation of approved plan of care
- Ensure symptom control and pain management
- Provide patient/family teaching as needed
- The LVN/LPN in partnership with the RN does the following: provide direct nursing care to patient and family

SOCIAL WORKER

- Assess patient and family emotional, social and financial needs
- Develop a plan of care to meet identified needs
- Provide direct counseling or refer patients and families to appropriate community agencies
- Provide supportive emotional counseling to patient and family
- Assist in completion of advanced directives, mortuary arrangements, funeral planning and facility placement

IMMEDIATE FAMILY

PATIENTS
OR
FAMILIES

SILVERADO FAMILY

FRIENDS

CNA/CHHA (hospice aides)

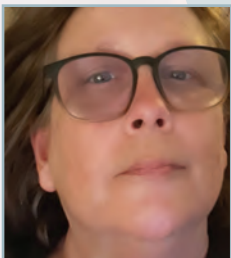
- Provide direct personal care to patient
- Provide comfort measures
- Report identified needs to RN Case Manager
- Provide emotional support to patient and family

SPIRITUAL COUNSELOR

- Assess patient and family spiritual needs
- Develop a plan of care to meet identified needs
- Provide spiritual counseling
- Assist with memorial preparations
- Provide referrals to clergy of all faiths

VOLUNTEERS

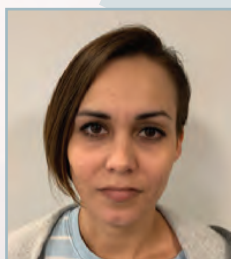
- Provide companionship support to patient and family
- Provide needed non-medical services, letter writing, errands and respite time for family
- Provide support at time of death and during bereavement



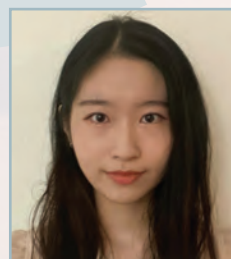
Case Manager
Barbara Williams, RN



Spiritual Counselor
Gerardo Camarena, BA, MAT



Certified Home Health Aide
Maria Mendoza



Volunteer
Yedam Hong

My Journey to Hospice

by Frank Schiro, MSW | Social Worker

I believe personal experience often has a profound impact on our career choices. As a MSW student, I didn't know what path I wanted to take until the experience I shared with my father created a clear choice. My father was 88 years old when he was diagnosed with lung cancer and was placed on hospice. The moment you hear the word hospice your mind goes in so many different directions. It's a difficult time for the patient, and let's not forget the family.

As the caretaker for my father, witnessing the compassionate care and support provided to my father during his time on hospice was a transformative experience for me. It instilled in me a deep appreciation for the invaluable role of hospice care and inspired me to pursue a career as a hospice social worker. My father and my family's hospice experience influenced my decision to dedicate myself to the meaningful profession of Hospice.

During my father's time on hospice, I witnessed the incredible compassion and dedication of the hospice care team. They provided not only medical support but also emotional and spiritual comfort to both my father and our entire family. The genuine care and empathy they demonstrated during such a

challenging time left a permanent impression on me, igniting a desire to offer the same level of support to others facing end of life care.

Hospice care extends beyond medical treatments. It encompasses the emotional and psychosocial well-being of patients and their families. I saw firsthand the significant impact that the emotional support had on my father's overall well-being and his ability to cope with his terminal illness. The presence of a compassionate and understanding hospice social worker provided a lifeline of emotional support and guidance. This experience highlights the essential role of hospice social workers in helping an individual navigate the emotional complexities of end-of-life care. Witnessing the compassionate care, emotional support, and meaningful connections provided by hospice professionals inspired me to embark on a career in hospice social work. I am driven by the desire to offer the same level of care and support that my father received, and to make a difference in the lives of patients and their families during one of life's most challenging journeys. It is my hope that I provided this same compassion to the families we serve as was provided to my family during this challenging time.

Awareness Dates to Remember

MedicAlert Awareness Month

National Eye Exam Month

National Immunization Awareness Month

Psoriasis Awareness Month

Spinal Muscular Atrophy Awareness Month

National Healthcare Center Week | Aug 6 - 12

National Minority Donor Awareness Day | Aug 1

Health Unit Coordinator Day | Aug 23

August 1st is World Lung Cancer Day

by Kristina Nguyen RN, BSN, CHPN | Director of Patient Care Services

Coughing, shortness of breath, and hoarseness is one of the first signs and symptoms that would need follow up related to any respiratory condition. A cough that will not go away warrants follow up as it can indicate chronic disease or in this case, lung cancers. A prominent red flag associated for most cancers is unexplained weight loss and growing pain and discomfort. Early diagnosis and interventions are key into battling cancers and giving your body a fair shot at treatment.

Risk factors for cancers include a family history, smoking & secondhand smoke, and being exposed to pollution or carcinogens. Lung cancer causes the most deaths compared to breast, prostate, and colorectal cancer. Luckily with early detection, it can improve your chances up to 20% of survival thanks to advances in technology. Be a key advocate for yourself and recognize any symptoms that are not regularly known to you and your body.

**Persistent
Cough**

**Shortness
of Breath**

**Bronchitis,
Pneumonia or
Emphysema**

Signs and symptoms of lung cancer
that would warrant follow-up with your primary physician

Hoarseness

Chest Pain

Bone Pain

**Unexplained
Weight
Loss**



Employee of the Month

An employee of the month employee is one who is perceived as having performed exceptional work. July's selected teammate has demonstrated a consistent positive attitude, regularly "check-ins" with teammates, and is often complimented by our hospice families. This colleague is also a great supporter of our Veteran-to-Veteran program honoring both Veterans and Veteran spouses.

Silverado would like to acknowledge our Spiritual Counselor, Gerardo Camarena for his dedication to his role of chaplaincy on our hospice team. **Gerardo, we thank you!**



Gerardo Camarena, BA, MAT

Essential Oil of the Month

Bergamot Oil

With the many benefits of essential oils, Silverado Hospice developed the Essential Oils Program as a way to safely and naturally improve patients' health conditions. They are "highly concentrated natural extracts from leaves, flowers, and stem of plants" (Wilson, 2019) that are known to be used to heal those that are ill. Essential oils can be used in many ways: inhaled, in diffusers and humidifiers, sprayed or directly applied to the skin. There are a variety of scents for essential oils with one scent being Bergamot.



Benefits of Bergamot:

- Pain relief
- Depression
- Acne approved
- Mosquito repellent
- Oral hygiene
- Body odor eliminator

CONTACT US

24-hour line: (888) 328-5660

Fax: (949) 653-0452

Referral line: (800) 507-9726

Volunteer inquiries: (888) 328-5660

Visit us online with our 24/7 Live Chat Line: [silveradohospice.com](https://www.silveradohospice.com)



If you would like to leave one of your favorite team members a praise, you may do so on our Yelp page. Search **Silverado Hospice Orange County**